

# COVID-19 TESTING SCENARIOS

A guide for the Ann Arbor U-M community on available COVID-19 testing options. For [UM-Dearborn](#) and [UM-Flint](#) testing information, please visit their websites.

**IMPORTANT:** Students, faculty and staff who test positive for COVID-19 off-campus or with an antigen test should [report their test results](#) to the university in order to help protect our community.

## I HAVE SYMPTOMS

**Students** with COVID-19 symptoms can be tested at [University Health Service](#). Testing is available Monday through Saturday. Rapid antigen tests are also [available on campus](#).

**Faculty and staff** with symptoms of COVID-19 can access testing through their [MyUofMHealth patient portal](#). Instructions on how to access the testing through the patient portal are available [here](#). Workforce members who are unable to access the portal may call Occupational Health Services to report symptoms and arrange for testing if appropriate. OHS can be reached by phone at (734) 764-8021 7am-5pm. Rapid antigen tests are also [available on campus](#).

[Isolate](#) from others while awaiting your results.

## I HAVE TESTED POSITIVE FOR COVID-19

### Students:

- Isolate at least 5 days from your test date as long as you remain without symptoms or symptoms are resolving.
- Wear a tight-fitting mask when around others for 5 days following your isolation period to minimize the risk of infecting others.
- Continue to isolate for a full 10 days if symptoms are not improving.

**Note:** Your test date is Day 0.

### Central campus employees\*:

- Stay home at least 5 days from **symptom onset** and symptoms are resolving, or your test date if you are without symptoms.
- Stay home at least 24 hours with no fever without fever-reducing medication.
- Wear a tight-fitting mask when around others for 5 days following your isolation period to minimize the risk of infecting others.
- Continue to isolate if symptoms are not improving.

**Note:** Symptom onset is Day 0. For asymptomatic individuals, your test date is Day 0.

\*Health care personnel, follow CDC guidance.

## I AM A CLOSE CONTACT OR AM WORRIED ABOUT POSSIBLE EXPOSURE

**Students, faculty and staff** — regardless of vaccination status — no longer need to quarantine following a close contact exposure but should self-monitor for symptoms for 10 days.

Those who experience exposure from contact in their **living environment** should wear a mask when around others for 10 days **AND** get tested 3-7 days after exposure or if symptoms develop.

If you have been exposed from another type of contact (**from a community, social or work setting**) wear a mask for 10 days in settings with higher risk of exposing vulnerable individuals and get tested if symptoms develop.

Individuals who work in health care settings must still follow health care guidance per the Centers for Disease Control and Prevention.

## I DO NOT HAVE SYMPTOMS BUT WOULD LIKE TO GET TESTED

Sign up for the [U-M COVID-19 Community Sampling and Tracking Program](#), a free, asymptomatic testing program open Monday - Friday to all U-M students, faculty and staff on the Ann Arbor campus, including Michigan Medicine employees.

[University Health Service](#) provides testing to students and established patients who may require testing for a program, employment, travel or pre-procedural clearance. More information about indications for testing is available [here](#).

For additional guidance on travel testing, visit [here](#).